

Cedarwood Chronicle

Essential Care Giver

We are excited to let you know about a program we will be implementing at Cedarwood as our first step towards providing our tenants the additional family support that they have needed this past year. Now that we have had most of our tenants and staff vaccinated, we can begin to look forward to our next steps toward normalcy.

The Department of Health and Human Services in Nebraska have proposed an optional program for assisted livings to help high-risk tenants to receive individualized, person-centered care from family members that previously actively engaged with the tenant. The individuals designated as Essential Caregivers would provide companionship and assistance with basic activities of daily living.

We have established a policy to allow for Essential Care Givers at Cedarwood. Criteria to participate in the program are:

- An Essential Caregiver (EC) must be the individual who previously actively engaged with the resident or who was previously committed to providing psychosocial health support and/or assistance with activities of daily living. Family members who did not provide consistent support or assistance prior to the pandemic would not be eligible for the program. Tenants will generally have one designated EC, in some instances a second EC may be considered.
- To participate in the EC Program, both the tenant and family member must be 2 weeks past completion of their second COVID-19 vaccine. If the tenant or family member do not receive the COVID-19 vaccine, they will not be eligible for the EC program.
- Family members designated as an EC must consent to routine COVID-19 testing, frequency based upon county positivity rate.

Family members designated as an EC will be required to complete facility training must agree to comply with all policies and procedures regarding Infection Control measures while visiting Cedarwood. Failure to comply with Cedarwood policies and procedures may result in suspension and/or revocation of EC program

The Essential Caregiver program will allow for the following:

- Visits that are pre-scheduled for up to 3 hours/day
- EC will be required to wear a procedure mask while in the facility but will allow the EC to be closer than the 6 foot social distancing required with standard visits
- Enable the EC to provide assistance to the tenant with personal needs in the tenants apartment
- Enable the EC to accompany their family member to medical appointments.

If you are interested in learning more, please call Becky Bruce at 402-729-6100.

Cedarwood Chronicle

Easter/Spring Decorations

A shout out for the great decorations that Jan Klaus, Activity Assistant put up for us.



March 2021

Entertainment with Janet Jefferies



Relaxation with Julie



Cedarwood Chronicle

New Service Coordinator at Cedarwood

Becky is proud to announce that the new Service Coordinator for Cedarwood is Lance Heron. Here is some information about Lance.

I was born April 16, 1986 in Rock Springs Wyoming. I moved to Columbus Nebraska around the age of 5 and to Platte Center Nebraska at age 7. I grew up in Platte Center attending Platte Center Elementary until High School. I attended Lakeview High School Freshman year, moved to California for sophomore year at Valley Center High School in Valley Center California. Then moved back to Nebraska to complete High School at Lakeview High School my junior and senior years, I graduated in 2004.

After graduation I attended Central Community College studying Music and Psychology while working full time as a glass cutter operator at Becton-Dickenson in Columbus, NE.



I joined the United States Navy in 2007. While in the Navy I attended Boot Camp at Great Lakes Naval Station, Chicago, IL I completed Aviation Boatswains Mate "A School" in Pensacola, FL. Transferred into the Naval Fleet onboard USS Boxer (LHD-4). In April 2008—Humanitarian Mission in Central and South America. In April 2009-Combined Task Force 151 Anti-Piracy Operations. I continued my education upon separation of service for Bachelors of Science in Business Management. Did Plumbing, Heating and Air Technician and Installer. I was Chief Engineer at Staybridge Suites Park Meadows in Denver, CO.

I have 2 children—Mason and Sophia.

Mother (Kim Doran-Feik) and Father (Daren Feik)

I have 3 sisters Salina, Symba, and Skyee

My extracurricular activities include: Hunting, Fishing, Hiking, Music, Boxing, Marital Arts, Cars, Motorcycles, Art and Cooking.

I look forward to getting to know all the tenants and helping them as much as I can.

March 2021

Pretzel Twists



St. Patrick's Day Treats



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St Patrick's Day Celebration



March 2021

Show N Tell



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Show N Tell (continued)



March Birthday's

Dwain Compton

March 4th

Ella Schafer

March 4th

Shirley Schoen

March 6th

Eleanor Klaus

March 7th

Arlene Kellogg

March 19th

Eva Durflinger

March 25th

Dorothy Cassell

March 23rd

Izze Schwab

March 15th

(Staff)

Paige Smith

March 18th

(Staff)

ON THE ROAD TO EASTER WORD SEARCH



Ash	Holy Week	Palm Branch
Wednesday	Holy Thursday	Forty Days
Sacrifice	Good Friday	Jesus
Almsgiving	Holy Saturday	Passover
Prayer	Easter	Foot Washing
Fasting	Palm Sunday	Resurrection
Lent	Purple	Love



Primary Business Address
Address Line 2
Address Line 3
Address Line 4

Important Contact Information

<i>Administrator</i>	deb.sutton@jchealthandlife.org	<i>Debra Sutton, RN</i>
<i>Director of Nursing</i>	becky.bruce@jchealthandlife.org	<i>Becky Bruce, LPN</i>
<i>Administrative Assistant</i>	kim.oliver@jchealthandlife.org	<i>Kim Oliver</i>
<i>Service Coordinator</i>	lance.heron@jchealthandlife.org	<i>Lance Heron</i>
<i>Activity Director</i>	kim.bush@jchealthandlife.org	<i>Kim Bush</i>
<i>Activity Assistant</i>	jan.klaus@jchealthandlife.org	<i>Jan Klaus</i>
<i>Environmental Services</i>	Maritssa Moreno	<i>Betty Novotny</i>
<i>Public Relations</i>	lana.likens@jchealthandlife.org	<i>Lana Likens</i>

For your Free Subscription to the Cedarwood Chronicle:

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