



August 2020

# Cedarwood Chronicle

Census: 45

## *Cedarwood Visitation Guidelines*

"He gives strength to those who are tired and more power to those who are weak." Isaiah 46:29. If I could offer advice to any family today, it would be to stick by your faith. Know that your God is with you and will take care of you all the way through."

Isaiah 46:29 is a verse that I am using a lot lately as we move past day number 134 of being closed to visitors as I write this. We are humbled that you continue to allow your loved ones to be in our care throughout this pandemic. We are doing our very best to keep them safe but we need your help. We are having a significant amount of trouble with window visits. The following are guidelines that must be followed at all times.

CALL IF YOU ARE COMING FOR A WINDOW VISIT SO THAT WE CAN SCREEN YOU UPON ARRIVAL. (402)729-6100

YOU MUST HAVE AN APPROPRIATELY FITTING FACE MASK ON AT ALL TIMES DURING YOUR VISIT. A SCREEN DOES NOT KEEP OUT GERMS.

YOU MUST MAINTAIN A 6 FOOT DISTANCE FROM YOUR LOVED ONE.

The guidelines stated above are 97.6 percent effective in stopping the spread of Covid-19. PLEASE HELP US KEEP YOUR LOVED ONES SAFE!

As you know we are in Phase three now which has allowed us to have more activities within the facility and communal dining. This has helped boost the spirits of the tenants. We are also allowed to go on Van rides now with appropriate distancing and masks. They have loved this. Just like good old Nebraskans many of them just wanted to see the crops growing. We hope soon that we will be able to start visitations within the facility. For the safety of all our tenants there are very restrictive guidelines that we must follow to open our facility back up to visitors. We are required to have staff available to monitor and supervise all visits to ensure the guidelines are properly followed, at all times, they must be in a designated area, you must be screened before entering the facility, wear a proper fitting facemask and maintain 6 foot social distancing.

Lastly, if you are bringing things for your loved one into the front entry way we ask that you do not walk up to the front door when the tenants are sitting outside enjoying the weather. Please call us at 402-729-6100 and we will be happy to come outside to get your items.

If you have any questions or concerns my direct line is (402)729-6883 or you can call Cedarwood at (402) 729-6100.

Grace & Peace,

Becky Bruce



## Car Rides

With not being able to go out for rides, we decided to have car rides as an activity for this month. Kim Bush and Jan Klaus took tenants driving around to where they wanted to go. Some went to the Diller area, some went out to Crystal Springs and some just rode around the country side.



## Scavenger Hunt

To get the tenants out of their apartments and walking around, the activity department hit objects around Cedarwood for tenants to find. After they found as many as they could, they took their sheets up to the activity room and got a treat for their hard work. Some of the items were a ball bat, fishing pool, rubber snake, blanket, metal statue, bouquet of flowers, summer hat, frisbee and several others. As I watched them searching the lobby for the items. I found that this was a joint effort between the tenants.





## July 4th Celebration

This year the 4th of July celebration started off with a water fight with our local fire department. The tenants enjoyed watching the contest. Afterwards we lit some fireworks for the tenants to enjoy.







## New Hair Dresser

We have a new hair dresser here at Cedarwood her name is Becky Meredith. She is an employee of JCH&L. All hair charges will now be put on your Statements. You will still be able to purchase gift certificates for your loved one, just call into the office at 402-729-6100 and talk to Kim Oliver. Prices are as follows: Men & Women Haircuts \$10.00, Shampoo Sets \$10.00, Perms \$35.00 and Colors are \$35.00.



## Welcome to Cedarwood



Fritz & Lois  
Wrigley





# INDEPENDENCE DAY

## WORD SEARCH PUZZLE



**HAPPY 4<sup>th</sup> OF JULY!**

The words appear UP,  
DOWN, BACKWARDS, and  
DIAGONALLY.  
Find and circle each word.

C	S	T	A	T	E	S	F	D	A	S	M	P	F	N
B	P	K	H	W	M	S	E	L	T	J	M	A	C	O
H	I	L	R	J	S	T	R	N	A	A	I	R	V	I
O	C	G	F	O	I	E	E	A	S	G	N	T	A	T
L	N	L	N	N	W	M	M	E	T	R	D	Y	C	A
I	I	A	U	I	U	E	L	A	M	S	E	B	A	N
D	C	T	D	N	P	C	R	O	G	S	P	A	T	Z
A	C	A	O	E	N	M	D	I	E	Y	E	R	I	Y
Y	R	M	N	U	M	E	A	P	F	E	N	B	O	T
P	E	E	W	T	E	O	I	C	T	E	D	E	N	R
G	M	R	V	R	H	R	C	I	G	U	E	C	A	E
P	M	I	F	U	T	E	H	R	D	L	N	U	X	B
N	U	C	I	S	F	W	M	P	A	B	C	E	R	I
V	S	A	W	P	A	R	A	D	E	C	E	R	E	L
K	E	T	A	R	B	E	L	E	C	R	Y	I	D	L

AMERICA

ANTHEM

BARBECUE

BLUE

CAMPING

CELEBRATE

DEMOCRACY

FIREWORKS

FLAG

FREEDOM

GAMES

HOLIDAY

INDEPENDENCE

LIBERTY

MONUMENTS

NATION

PARADE

PARTY

PICNIC

RED

STARS

STATES

STRIPES

SUMMER

UNCLE SAM

UNITED

VACATION

WHITE







## Years of Service at Cedarwood



Shavara Kroeker

5 years of Service



Michael McKenzie

6 years of Service



Betty Novotny

1 year of Service



Kim Oliver

8 years of Service





**Dale Maatsch**  
**August 3rd**

**Marjorie Unger**  
**August 5th**

**Lois Muller**  
**August 24th**

**August**  
**Birthdays**

**Anita Everhart**  
**August 13th**  
**(Staff Member)**

**Tammy Seher**  
**August 14th**  
**(Staff Member)**





828 22nd St  
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## Important Contact Information

<i>Administrator</i>	deb.sutton@jchealthandlife.org	<i>Debra Sutton, RN</i>
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